

Sock Gingerbread Man Pattern



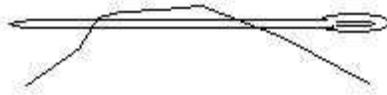
Materials Needed:

- 1 Pair of Brown Red-Heel Socks
 - 1 bag of polyester fiberfill stuffing
 - Red felt craft sheet (9 x12 square)
 - Black felt craft sheet (9 x12 square)
 - White felt craft sheet (9 x12 square)
 - $\frac{1}{4}$ yd. Of Red flannel or felt
 - White medium width rick-rack
 - Off white or natural colored Hand quilting thread
 - White Hand quilting thread
 - Red All purpose thread
 - Brown Embroidery thread
 - Red Embroidery thread
- Black Embroidery thread
 - Green Embroidery thread
 - White Embroidery thread
 - Hand sewing needle
 - Hand sewing Hook Needle
 - Invisible ink marker

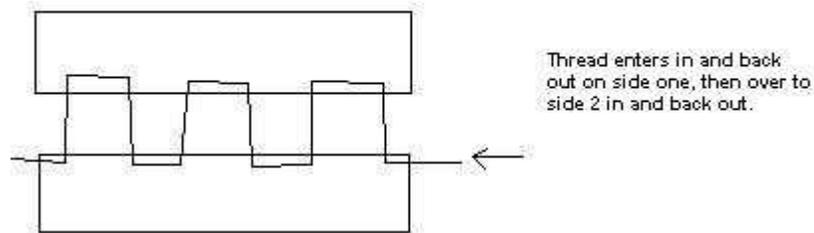
Basic Sock Toy making techniques: There's a few basic hand stitches and knots you should know when making sock toys, which if you're not aware of yet, you may want to practice before beginning. These are very simple once you get the hang of it.

Tying a quilting knot: Insert threaded needle into a small piece of the fabric and back out, leaving only the tip of the needle sticking out of the fabric, wrap thread around tip of needle 3 times, holding the wraps in place while you pull the needle through, pulling knot tight, insert needle back into the toy at the knot to hide your knot, then cut thread off. See illustration below:

With threaded needle, insert needle into fabric as shown below. With the needle tip sticking out of the fabric, you will wrap the thread around the tip 3 times, hold in place and pull needle through, pulling the knot tight, you can then go back in at the knot site, pulling your knot to the inside of your toy, pull needle out and out string this makes your knots hidden and looks much nicer.

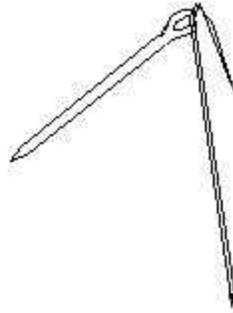


Using a ladder stitch: (Sometimes called blind-stitch) A ladder stitch attaches two pieces of fabric together without the threads being seen. You begin with your threaded needle, holding your two fabrics together or pinned together, insert needle in and then out of fabric piece #1, then directly in and back out of fabric piece #2, going along like this until connected. See illustration below.



Embroidery: If you have your embroidery floss handy, you'll notice that there's 6 individual strands wound into one. When I embroider, I like to use only two of the strands, just pull out two of the strands. Thread your two strands into your needle leaving about 4" hanging over needle, to keep it from un-threading as you're pulling it through fabrics. Knot the end and trim off excess after the knot. See illustration for threading your embroidery thread.

Threaded embroidery thread



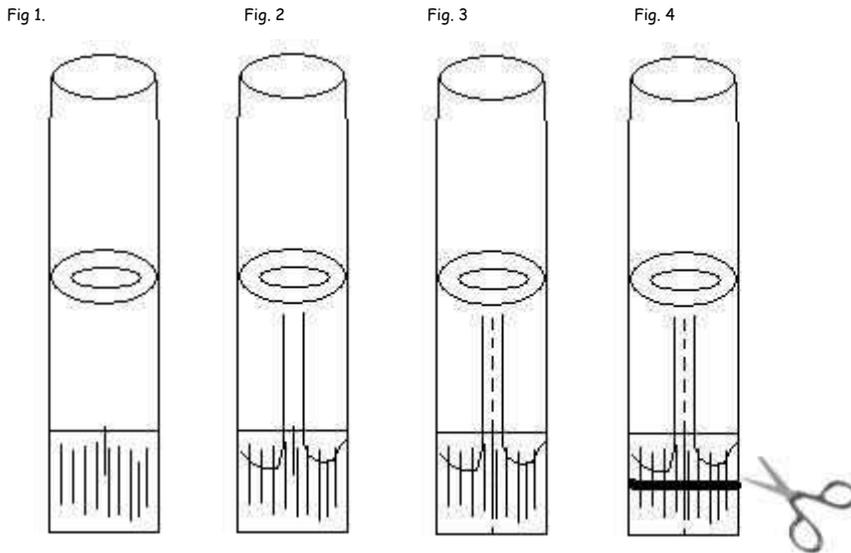
Embroidery back-stitch diagram: When you need to embroider a straight line, it's best to use the back-stitch.

Embroidery Back Stitch

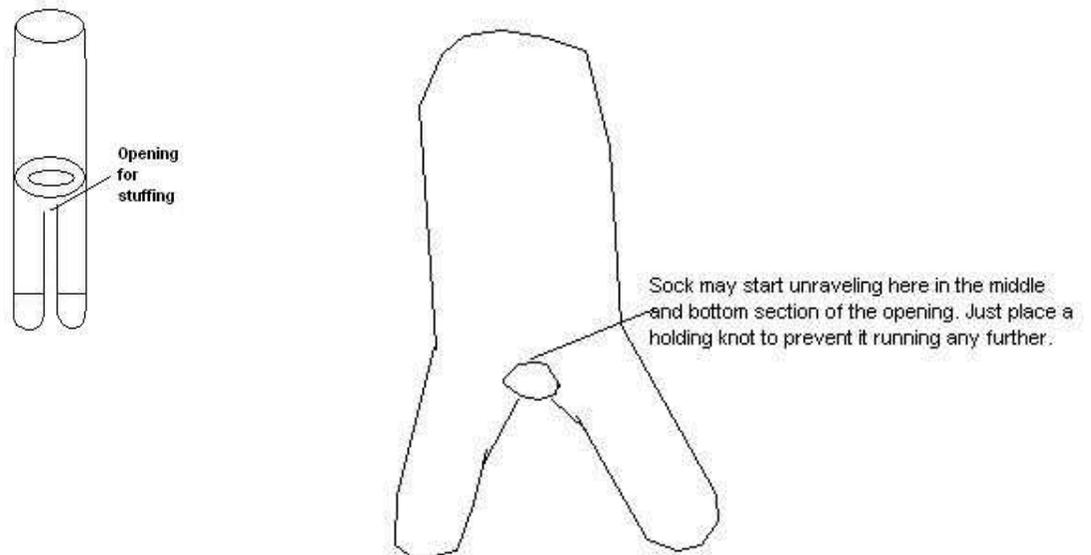


Enter needle into fabric at point 1 going over top of fabric into point 2, then under fabric into point 3, then over into point 4, continue in this way until your line is finished.

Step 1: 1st Sock Turn inside out, lay sock flat with red heel facing up. Starting about 1" down from white part of heel, stitch 2 legs as shown in Fig. 2. Then cut along along dotted lines as shown in Fig. 3. Cut off excess sock from bottom of foot shown in Fig. 4.

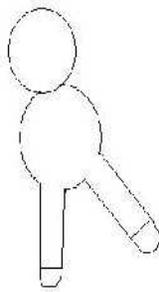


Step 2: Turn sock right side out and insert stuffing into opening as shown in Fig 5. Stuff very firmly. *Before stuffing it's a good idea to check over the opening and see if there is any places that could possibly start a "run" in the sock, if so, place a holding knot in those places before beginning stuffing.

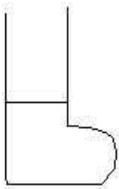


Step 3: After the body and legs are stuffed, sew the crotch closed using a ladder stitch with a strong thread; such as hand quilting thread or button/upholstery thread. *It may help to use a hook needle.

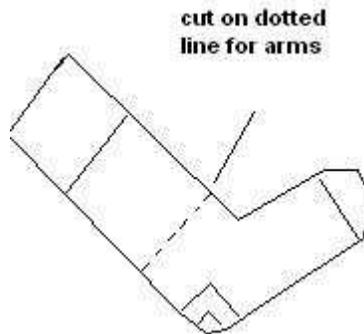
Step 4: Use brown upholstery thread to tie around top portion of sock to shape a neck, pull as tight as possible and knot at least 3 times on the back of neck. (Using a round shoestring can help pull the neck in tighter and make it easier and then tie with the upholstery thread). See Fig below.



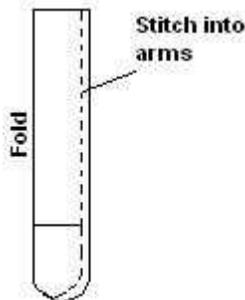
Step 5: For feet that turn upward, bend each foot approx 1" upward and ladder stitch into place with hand quilting thread.



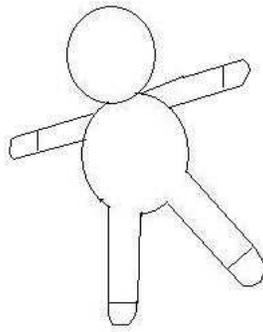
Step 6: The 2nd sock will be used to create the arms. Cut the cuff part off and then cut in half to form two pieces.



Step 7: Fold each arm piece in half wrong sides out and sew along edges and across bottom, flip right side out and stuff.

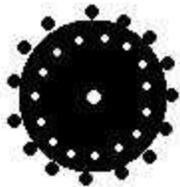


Step 8: Using a ladder stitch, attach arms to sides of the gingerbread man's body about 1/2" below the neck.

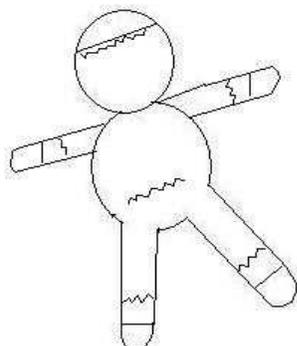


The following illustration shows how to attach the felt and decorations to your toy using embroidery thread and a hand needle;

White dots show where to insert needle on eye, black dots show where to insert needle on monkey, going in white dot, under and out black dot, then over and into white dot continuing all the way around

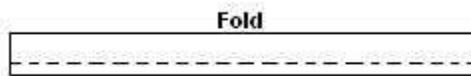


Step 9: You are now ready to start decorating your *Gingerbread Man*. All remaining stitches will be done by hand. Begin with the white medium width rick rack, which will become the icing decorations on your toy. Using white hand quilting thread or embroidery thread to stitch the rick rack all the way around each leg and arm approximately 1" above the white part. Rick rack will also be stitched all the way around the head approximately 1/4" below the white part of the sock on the head. One strip of rick rack will go across the bottom of the toys stomach area.



Step 10: Use your Red felt squares for cutting out button sized circles for the Gingerbread Man's tummy. Two circles attached to the tummy with an "X" with a white or red thread makes the buttons. Two 1/2" sized Black circles make the eyes. You can put a little white speck in the eyes with white thread to add a sparkle to the toys eyes before stitching on, this really brings your toy to life. Use a blanket stitch to attach the eyes. A thick white felt smile should also be attached and add two Red felt circles for blushed cheeks on top of each corner of the Gingerbread Man's smile.

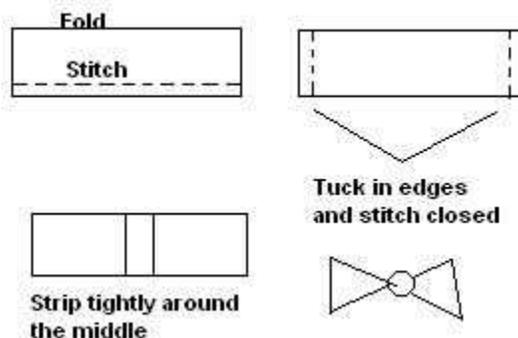
Step 11: The Bow-Tie: Use Green Fabric, cotton, flannel or felt looks nice. Cut a strip of fabric approximately 12" long or 1" longer than the circumference of your Gingerbread Man's neck. The strip should be approximately 2- 1/2" wide, fold the strip in half and stitch sides closed as shown on dotted lines.



Step 12: Fold strip evenly in half and stitch two raw ends together as shown on dotted lines below to form the circle for the neck part of the tie. (For ease of putting on and off, you can use velcro on the back of this.)

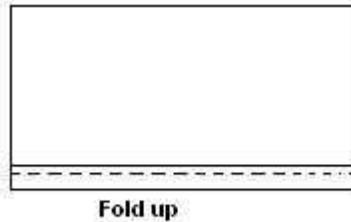


Step 13: For the bow on the tie, cut approximately 3" wide and 5" long strip of the same green fabric, fold the strip in half and stitch along the side, flip right side out, tuck in top and bottom edges approximately 1/2" and stitch closed. Cut a 2" x 1" long strip to hold the middle part of the bow into a bow shape, stitch to hold.



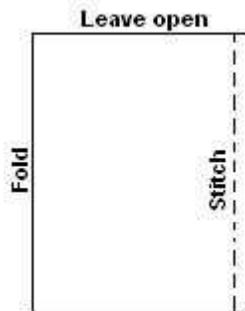
Step 14: Hand stitch the bow onto the neck part of the tie using green embroidery thread, the squeeze it over the head onto the toy neck. (Or use the velcro fastener)

Step 15: Optional: For a Festive hat, use Red flannel or felt. Cut a strip approximately 15" long and 8" wide. Along the long edge, fold upward approximately 1/2", iron to hold, then machine stitch with red thread.

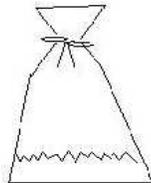


Step 16: Using white thread, machine stitch a strip of white rick rack along the bottom of the hat approximately 1/2" above the fold.

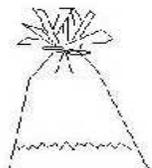
Step 17: Fold hat in half right sides together, matching up the raw edges and stitch up the side leaving the top open. Flip right side out.



Step 18: Using Red Embroidery thread, tie tightly around the top of hat approximately two inches from the top of the hat.



Step 19: Cut the top portion of the hat into strips down to the tie to make a fun festive look.



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